



DRAMA DOCTORS

Trauma Informed Teaching K-12

Trauma-informed teaching is an approach that recognizes and responds to the impact of trauma on students' learning, behavior, and well-being. It acknowledges that students may have experienced various forms of trauma—such as physical, emotional, or psychological abuse, neglect, or exposure to violence—that can significantly affect their ability to learn and interact with others. This workshop equips educators with practical strategies to integrate trauma-informed teaching principles through active learning methodologies. Participants will explore dynamic approaches to engaging students while promoting trauma-informed practices. Additionally, the workshop will examine the effects of trauma on brain development and its influence on students' learning, social interactions, behavior, and emotional well-being in the classroom.

OBJECTIVES

- Understand the impact of trauma on student well-being and academic success.
- Explore the principles of Dramatic Engagers and their alignment with Trauma-Informed Teaching goals.
- Learn how to integrate Dramatic Engagers into everyday classroom practices to support Trauma-Informed Teaching.
- Develop strategies for structuring classroom assignments and activities to meet the needs of traumatized students effectively.

WORKSHOP FORMAT:

This workshop will feature a dynamic mix of presentations, interactive demonstrations, hands-on activities, and collaborative planning sessions. Participants will engage in experiential learning, share insights and experiences, and receive feedback from facilitators to refine their practices.

TARGET AUDIENCE:

Ideal for K-12 educators, instructional coaches, curriculum specialists, and anyone interested in fostering Trauma-Informed Teaching and active learning in the classroom.

DURATION:

Customizable to fit different needs, ranging from a half-day session to a full one or two-day workshop.

EXPECTED OUTCOMES:

By the end of the workshop, participants will have a deeper understanding of Trauma-Informed Teaching and how to integrate it into active learning. They will leave with a toolkit of Dramatic Engagers and lesson ideas to create engaging, student-centered lessons that support students' academic, social, emotional, and behavioral growth.